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Qualification Specification

Highfield Level 2 Award in Pool Lifeguarding (RQF)

Qualification Number: 603/2345/0

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Highfield Level 2 Award in Pool Lifeguarding (RQF)

Introduction

This qualification specification is designed to outline all you need to know to offer this qualification at your centre. If you have any further questions, please contact your account manager.

Qualification regulation and support

The Highfield Level 2 Award in Pool Lifeguarding has been developed and is awarded by Highfield Qualifications and sits on the Regulated Qualifications Framework (RQF). The RQF includes those qualifications regulated by Ofqual and CCEA Regulation. It is also suitable for delivery in Wales and is regulated by Qualifications Wales.

Key facts

Qualification number:	603/2345/0
Learning aim reference:	60323450
Credit value:	5
Assessment method:	Open Response Workbook and Practical Assessment
Guided learning hours (GLH):	40
Total qualification time (TQT):	50

Qualification overview and objective

The objective of this qualification is to prepare learners for employment as a pool lifeguard and support their role in the workplace. The content and assessment of the Highfield Level 2 Award in Pool Lifeguarding (RQF) have been written in accordance with regulations and guidance issued by the Health and Safety Executive and SkillsActive - the Sector Skills Council for the Active, Leisure and Well-being sector.

This Highfield Level 2 Award in Pool Lifeguarding (RQF) is designed for those learners wishing to develop the skills and knowledge necessary to become a qualified pool lifeguard and covers the following areas:

- health and safety in a swimming pool environment
- preparing a swimming pool environment
- supervising a swimming pool environment
- responding to pool emergencies

Once achieved, the qualification allows successful learners to operate as a qualified pool lifeguard for 2 years. Should learners wish to remain a qualified pool lifeguard after this time, they will need to retrain and go through reassessment.

PLEASE NOTE: This retraining and reassessment must be undertaken whilst their current pool lifeguard qualification is still valid.

Entry requirements

To register on to this qualification, it is strongly recommended that every learner should be able to:

- jump/dive into deep water
- swim 50 metres in less than 60 seconds
- swim 100 metres continuously on front and back in deep water
- tread water for 30 seconds
- surface dive to the floor of the pool (minimum 1.2 metres)
- climb out of the pool without ladder/steps

It is also advised that learners have a minimum of Level 1 in literacy and numeracy or recognised equivalent.

Learners undertaking this qualification are required to be 16 years of age or above.

Delivery/assessment ratios

To effectively deliver and assess this qualification, centres must not exceed the ratio of 1 qualified tutor/assessor to a maximum of 16 learners during group practical and theory sessions. During the practical observation assessment, centres must not exceed the ratio of 1 qualified Independent Assessor to a maximum of 4 learners, at any one time.

An Independent Assessor may only assess a maximum of three consecutive Pool Lifeguarding courses for the same tutor. If a different Independent Assessor is then used for the 4th course it is acceptable for the original Independent Assessor to assess the next three consecutive courses.

Centre requirements

Highfield requires centres involved in the delivery of this qualification to have the following resources in place:

- suitable classroom facilities with seating and desk based areas, where appropriate
- course delivery facilities and equipment, e.g. PowerPoint™ projector, flip chart
- pool facilities
- a minimum of one of the three rescue aids (reaching pole, torpedo buoy, coiled rope/bag)
- submersible manikin
- Aquaboard, BaXstrap® Spine Board or PXB, unless assessing suspected spinal injury e.g. Horizontal Team Support or Casualty Stabilisation
- a minimum of 1 adult manikin for every 4 learners
- a minimum of 1 child manikin for every 4 learners
- a minimum of 1 infant manikin for every 4 learners
- a minimum of 1 training defibrillator between a maximum of 4 learners
- pocket masks per learner
- safety procedures in place for manikin faces e.g. facilities to sterilise the manikin faces at the end of each course OR one disposable face shield per learner OR manikin face wipes to be used after each learner's demonstration
- replacement airways and lungs for each resuscitation manikin to be changed at the end of each course

- adequate training and assessment facilities to accommodate maximum number of learners on course
- a minimum of 1 first aid kit

Guidance on delivery

The total qualification time for this qualification is 50 hours, of which 40 hours are recommended as guided learning hours.

TQT is an estimate of the total number of hours it would take an average learner to achieve and demonstrate the necessary level of attainment to be awarded with a qualification, both under direct supervision (forming guided learning hours) and without supervision (all other time). TQT and GLH values are advisory and assigned to a qualification as guidance.

Guidance on assessment

This qualification is assessed by open response workbook and practical assessment.

Open Response Workbook (learning outcomes 1- 4)

This method of assessment is an ongoing assessment of learner knowledge throughout the duration of the course. This assessment model requires learners to provide a short response to prescribed questions within the Open Response Workbook set by Highfield Qualifications.

Successful learners will have to demonstrate knowledge and understanding across learning outcomes 1-4 by passing each question set in the workbook. This assessment is internally assessed by the nominated tutor/assessor and records must be maintained and held at the centre for quality assurance purposes.

There is a requirement for internal quality assurance of the learner workbooks to take place. The IQA should be suitably qualified in the subject area and have an understanding of internal quality assurance processes. A Learner Assessment Marking Guidance Pack has been developed to support this method of internal assessment and internal quality assurance.

Practical Observation (learning outcomes 5 and 6)

The practical assessment is completed throughout the course delivery. This ongoing assessment will involve learners demonstrating practical pool lifeguarding skills across a number of areas. The practical assessment will be recorded using the practical assessment checklist. Centres have a choice of using either a detailed assessment checklist or a compact one-page version (both of which cover the same criteria). A guidance document is also available, detailing how to use these checklists as well as what assessors are expected to observe and assess.

All required documents are available to centres via the download area within the members' page.

This qualification is graded pass/fail.

Centres must take all reasonable steps to avoid any part of the assessment of a learner (including any internal quality assurance and invigilation) being undertaken by any person who has a personal interest in the result of the assessment.

Guidance on quality assurance

Highfield Qualifications requires centres to have in place a robust mechanism for internal quality assurance. Internal quality assurance must be completed by an appropriately qualified person and

that person must not have been involved in any aspect of the delivery or assessment of the course they are quality assuring.

Highfield Qualifications will support centres by conducting ongoing engagements to ensure and verify the effective and efficient delivery of the qualification.

Recognition of prior learning (RPL)

Centres may apply to use recognition of prior learning or prior achievement to reduce the amount of time spent in preparing a learner for assessment. For further information on how centres can apply to use RPL as described above, please refer to the Recognition of Prior Learning (RPL) Policy in the '[Downloads](#)' area of the Highfield Qualifications website. This policy should be read in conjunction with this specification and all other relevant Highfield documentation.

Tutor requirements

Highfield Qualifications requires nominated tutors for this qualification to meet all of the following:

- hold a recognised and current pool lifeguarding qualification, or appropriate equivalent*
- hold a recognised teaching qualification, which could include any of the following:
 - Valid RLSS trainer/assessor qualification OR an STA National Aquatic Rescue Standard (NARS) Tutor/Examiner qualification
 - Level 3 PTLLS, or above;
 - Level 3 Award in Education and Training, or above;
 - Diploma or Certificate in Education;
 - Bachelors or Masters Degree in Education; or,
 - Level 3 or 4 NVQ in Training and/or Development
- maintain appropriate continued professional development (CPD) for the subject area
- have knowledge and understanding of how to safely and effectively use an automated external defibrillation (AED) machine

**IQL Pool Lifeguard Qualification (NPLQ) or STA Pool Lifeguard Qualification (NARS)*

Assessor requirements

Highfield Qualifications requires nominated assessors for this qualification to meet all of the following:

- have current, relevant occupational expertise and knowledge that has been gained through 'hands-on' experience in the industry and relevant qualifications
 - hold or be working towards a recognised assessing qualification, which could include any of the following:
 - Level 3 Award in Assessing Competence in the Work Environment
 - Level 3 Certificate in Assessing Vocational Achievement
 - A1 Assess Learner Performance Using a Range of Methods
-

- D32 Assess Learner Performance and D33 Assess Learner Using Different Sources of Evidence
- maintain appropriate CPD for the subject area
- have knowledge and understanding of how to safely and effectively use an automated external defibrillation (AED) machine

Internal quality assurance (IQA) requirements

Highfield requires nominated internal quality assurance officers for this qualification to:

- meet the tutor requirements
 - **OR have a role within the Pool Lifeguarding sector where quality assurance is an integral part of the job.**
- be independent from conducting delivery and assessments
- have sufficient, relevant experience and working knowledge of the assessment and internal quality assurance processes
- maintain appropriate CPD for the subject area

Please note: Although it is not a requirement that IQA officers of this qualification hold a formal IQA qualification, it is recognised as good practice.

Requalification guidance

This qualification is valid for a period of two years and should be kept up to date with regular on-going training carried out by an approved training provider. After the two-year validity period, lifeguards are required to undergo requalification to extend their validity as a pool lifeguard for a further two years, in line with the requirements published in HSG:179. For each learner, prior to requalification, there must be a signed record of regular on-site training with a minimum of 20 hours contact time, with a copy of the previous Pool Lifeguarding certificate attached.

Mapping to National Occupational Standards (NOS)

This qualification maps to the National Occupational Standards for Pool Lifeguarding.

Reasonable adjustments and special considerations

Highfield Qualifications has measures in place for learners who require additional support. Please refer to Highfield Qualifications' Reasonable Adjustments Policy for further information/guidance.

ID requirements

It is the responsibility of the centre to have systems in place to ensure that the person taking an assessment is indeed the person they are claiming to be. All centres are therefore required to ensure that each learner's identification is checked before they undertake the assessment. Highfield Qualifications recommends the following as proof of a learner's identity:

- a valid passport (any nationality)
- a signed UK photocard driving licence
- a valid warrant card issued by HM forces or the police
- another photographic ID card, e.g. employee ID card, student ID card, travel card etc.

If a learner is unable to produce any of the forms of photographic identification listed above, a centre may accept another form of identification containing a signature, for example, a credit card. Identification by a third-party representative, such as a line manager, human resources manager or invigilator, will also be accepted.

For more information on learner ID requirements, please refer to Highfield Qualifications' Core Manual.

Progression opportunities

On successful completion of this qualification, learners may wish to continue their development by undertaking one of the following qualifications:

- Level 3 Award in First Aid at Work
 - Level 2 Award in Emergency First Aid at Work
 - Level 2 Award in Cardiopulmonary Resuscitation and Automated External Defibrillation
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Useful websites

- www.highfieldabc.com
 - www.highfield.co.uk
 - www.skillsactive.com
 - www.hse.gov.uk
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Recommended training materials

The Pool Lifeguard Handbook (Level 2) Highfield.co.uk

Cartwright. D *A Question of Pool Lifeguarding (Level 2)* Highfield.co.uk Ltd.

The Pool Lifeguard Interactive Training Package (Level 2) Highfield.co.uk Ltd.

Morley, J. & Sprenger, C. (2012) *First Aid Handbook*. Highfield.co.uk Ltd.

Appendix 1: Qualification structure

To complete the **Highfield Level 2 Award in Pool Lifeguarding (RQF)**, learners must complete all **units** contained within the mandatory group

Mandatory group

Unit reference	Unit title	Level	GLH	Credit
D/616/3333	Pool Lifeguarding	2	40	5

Appendix 2: Qualification content

Unit 1: Pool Lifeguarding

Unit number: D/616/3333

Credit: 5

GLH: 40

Level: 2

Learning Outcomes	Assessment Criteria
<i>The learner will</i>	<i>The learner can</i>
1. Understand the requirements for health and safety in a swimming pool environment	<p>1.1 Identify the legal requirements and national health and safety guidance covering the operation and maintenance of swimming pools</p> <p>1.2 Describe the consequences to employers and employees of not following legal requirements and guidance for safety in swimming pools</p> <p>1.3 Identify the considerations that must be made to effectively follow guidance and meet legislative requirements</p> <p>1.4 Explain the term ‘duty of care’ in the context of swimming pool safety</p> <p>1.5 Describe an active leisure organisation’s pool safety operating plan</p>
2. Understand how to prepare a swimming pool environment	<p>2.1 Explain what is meant by the term ‘hazard’ in a swimming pool</p> <p>2.2 Outline the types of health, safety and hygiene hazards to customers and staff that may occur in swimming pool environments</p> <p>2.3 Describe how a lifeguard should check for and deal with hazards when preparing a swimming pool environment for use</p> <p>2.4 Outline the range of emergency equipment that is used in swimming pools and the purpose of each type of equipment</p>
3. Understand how to supervise a swimming pool environment	<p>3.1 Describe the lifeguard’s responsibilities for monitoring the swimming pool environment</p>

Learning Outcomes	Assessment Criteria
<i>The learner will</i>	<i>The learner can</i>
	<p>3.2 Outline different methods of supervising a pool environment and the appropriate staffing levels for each</p> <p>3.3 Describe rules of behaviour for a swimming pool environment and the reasons for these rules</p> <p>3.4 Explain how to deal with situations where rules of behaviour are not followed</p> <p>3.5 Describe the types of needs that customers may have in a swimming pool environment</p> <p>3.6 Describe different methods of communicating with customers in a swimming pool environment</p>
<p>4. Understand how to respond to pool emergencies</p>	<p>4.1 Describe an active leisure organisation’s emergency action plan for a swimming pool</p> <p>4.2 Identify the range of different emergency situations that may arise in a swimming pool</p> <p>4.3 Explain how to recognise casualties</p> <p>4.4 Outline the principles of rescue and manual handling of casualties</p> <p>4.5 Explain why it is important to follow an emergency action plan calmly and correctly</p> <p>4.6 Explain how to complete the required reports and records accurately and outline the information that must be included</p>
<p>5. Be able to prepare and supervise a swimming pool environment</p>	<p>5.1 Carry out visual checks of the pool and its facilities</p> <p>5.2 Assess the area for hazards†</p> <p>5.3 Demonstrate how to deal with any identified hazards quickly and safely</p> <p>5.4 Check and store emergency equipment correctly</p>

Learning Outcomes	Assessment Criteria
<i>The learner will</i>	<i>The learner can</i>
	5.5 Observe the pool area carefully and continuously 5.6 Communicate effectively with customers throughout a range of situations
6. Be able to respond to emergency situations in the swimming pool	6.1 Follow a pool emergency plan to demonstrate practical first aid and respond to pool emergencies and minor injuries 6.2 Demonstrate use of poolside rescue equipment and safe manual handling of casualties 6.3 Demonstrate methods of casualty recovery 6.4 Demonstrate cardio-pulmonary resuscitation techniques**

Indicative content
<ul style="list-style-type: none"> • LO1 - Understand the requirements for health and safety in a swimming pool environment • 1.1 - Legal requirements covering the operation and maintenance of swimming pools: <ul style="list-style-type: none"> ○ Health & Safety at Work etc. Act 1974 <ul style="list-style-type: none"> – ensures that: <ul style="list-style-type: none"> ▪ there are safe systems of work ▪ there is the provision (to ensure that safety) of information, instruction, training and supervision ▪ the equipment and plant are safe ▪ the workplace is safe ○ The Management of Health and Safety at Work Regulations 1999 <ul style="list-style-type: none"> – pool operators must carry out an assessment of the risks which may affect employees, and others, as a result of the work activity. Also requires employers to: <ul style="list-style-type: none"> ▪ make arrangements for implementing the health and safety measures identified to reduce the risk ▪ appoint competent people to help them implement the arrangements ▪ set up emergency procedures ▪ provide clear information and training to employees ▪ establish procedures for employees to follow if a situation of serious or imminent danger were to arise ▪ cooperate on health and safety matters with other employers who share the same workplace and coordinate an exchange

- of information about such matters
 - consult with employees on health and safety matters
- Reporting of Injuries, Diseases and Dangerous Occurrences Regulations 2013 (RIDDOR)
 - reporting certain work-related accidents and cases of ill health to the appropriate health and safety enforcing authority
- The Control of Substances Hazardous to Health Regulations 2002 (COSHH)
- Provision and Use of Work Equipment Regulations 1998 (PUWER)
 - Ensures that work equipment supplied to employees is suitable, used safely and properly maintained
- considerations a lifeguard must make to meet the requirements of relevant legislation:
 - number of lifeguards required
 - Normal Operating Procedures (NOP) and Emergency Action Plan (EAP)
 - bather load
 - prevention of drowning
 - national standards
 - competency of the lifeguard
 - disability awareness
- **1.1 - Health and safety national guidance** covering the operation and maintenance of swimming pools:
 - Managing health and safety in swimming pools HSG179
 - provides guidance on:
 - updates and changes in health and safety law
 - new developments in relation to equipment, facilities and supervision arrangements
 - the risks associated with swimming pool operation
 - the precautions which may be taken to help achieve a safer environment for people who use swimming pools and employees who work at them
 - National Occupational Standards (NOS)
 - Workplace (Health, Safety and Welfare) Regulations 1992
 - The Pool Water Treatment Advisory Group (PWTAG)
- **1.2 - Consequences** to employers and employees:
 - employers:
 - legal action/prosecution
 - loss of income
 - loss of good name/bad publicity
 - temporary or permanent closure of the building
 - employees:
 - dismissal/loss of job (and income)
 - disciplinary procedures
- **1.3 - Considerations:**
 - number of lifeguards required

- Normal Operating Procedures (NOP) and Emergency Action Plan (EAP)
- bather load
- prevention of drowning
- national standards
- competency of the lifeguard
- disability awareness
- **LO2 - Understand how to prepare a swimming pool environment**
- **2.2 - Health, safety and hygiene hazards:**
 - conventional pool:
 - wet slippery floors
 - entrapment, cuts and bruises from steps and rails
 - free form pool:
 - lessened visibility
 - structures
 - children wandering off
 - diving pits:
 - swimming under/near the diving boards
 - poor swimmers – depth of water
 - unable to climb out
 - water features:
 - reduced visibility
 - bathers climbing on the feature
 - scaring children
 - play equipment:
 - loose foam from biting
 - maintenance/safety issues
 - misuse
 - pool surrounds:
 - crowded access/egress
 - running by bathers
 - slippery floors
- **LO3 - Understand how to supervise a swimming pool environment**
- **3.2 - Different methods of supervising a pool environment:**
 - casual session:
 - extensive supervision and zoning
 - teaching session:
 - swimming teacher's direct supervision
 - school session:
 - intensive zoning
 - play session:
 - intensive zoning

- diving board/platform session:
 - intensive zoning
- competitive session:
 - integrated/combined zoning
- private hire:
 - extensive zoning
- **3.5 - Types of needs** that customers may have:
 - examples may include:
 - bather requiring help with getting in or out of the pool:
 - use a pool hoist, ensuring that staff are trained and the equipment has been checked
 - poor swimmer requiring floatation aids:
 - provide guidance on the use of floatation equipment
 - ensure effective monitoring
 - pool users, including disabled bathers, being required to evacuate the pool area:
 - ensure that disabled customers are provided with extra assistance where needed
 - follow the emergency action plan (EAP)
- **3.6 - Different methods** of communicating:
 - talking directly to the customer
 - using a whistle
 - hand signals
 - well-placed signage
 - traffic light systems
- **LO4 - Understand how to respond to pool emergencies**
- **4.2 - emergency situations:**
 - suspected spinal injury:
 - raise the alarm and initiate the site EAP
 - call 999/112 for an ambulance
 - enter the water, avoiding any sudden or unnecessary movement
 - ensure the casualty's airway is clear of the water
 - reassure the casualty throughout the rescue, where possible
 - rescue the casualty using the appropriate method
 - a swimmer has a seizure in the water:
 - prevent the casualty's head from going under the water during the attack
 - support the casualty from behind or in front
 - support the casualty with their hands placed underneath the casualty's armpits
 - ensure the casualty is protected from hard surfaces
 - move the casualty to a standing depth of water if possible
 - once the convulsions subside, remove the casualty from the pool using an appropriate method

- ensure that the casualty is sent to hospital
 - outbreak of a fire:
 - raise the fire alarm
 - evacuate the bathers to a safe area
 - follow the fire procedure as outlined within the NOP
 - bomb threat:
 - evacuate all pool users and staff as quickly as possible to the fire evacuation point
 - contact the appropriate authorities
 - ensure all persons remain in the safe location until the area is deemed safe
 - lighting failure:
 - clear the pool of all bathers
 - ensure pool users do not continue their activity
 - supervise the evacuation and ensure that all users and employees have safely vacated the area
 - structural failure:
 - raise the alarm
 - evacuate the area immediately
 - await further instruction from the duty manager
 - pool plant failure:
 - initiate the EAP immediately and report to management
 - clear the area
 - inform the fire brigade of the safety data sheet information
- **4.3 - How to recognise casualties:**
 - including the symptoms of medical conditions that may cause difficulties to swimmers
 - spinal injury:
 - direct pain around the injury
 - tender to touch
 - burning or tingling sensation
 - nausea
 - disorientation, anxiety, confusion
 - incontinence
 - breathing difficulties
 - hyperventilation:
 - rapid shallow breathing
 - feeling light-headed or dizzy
 - tingling in the fingers and toes
 - muscle cramps in the hands and feet
 - anxiety and the feeling of being unable to breathe
 - cuts:
 - holding the injury, trying to reach the poolside
 - blood in the pool
 - secondary drowning:

- events leading up to the discovery of casualties
 - casualties face down in the water
 - water flowing from a casualty’s mouth when the casualty is recovering
 - vomiting
 - signs and symptoms of hypoxia
 - coughing
 - unresponsive and not breathing
- **4.6 - Reports and records:**
 - under the reporting of injuries, diseases and dangerous occurrences regulations (RIDDOR)
 - in the first aid accident book
 - to the police
 - to the duty manager
- **4.6 - Information that must be included:**
 - details of:
 - incidents
 - accidents
 - drowning
 - equipment not operating properly
 - lifeguard cannot see the bottom of the pool, or vision is obscured
- **LO5 - Be able to prepare and supervise a swimming pool environment**
- **5.2 - Hazards:**
 - physical hazards:
 - within the structure of the building
 - lifeguard hazards:
 - talking
 - tired
 - not competent
 - user hazards:
 - disabled bathers
 - young bathers
 - old bathers
 - poor hearing
 - poor sight
 - activity hazards:
 - canoe sessions
 - water polo sessions
 - diving
 - aquafit sessions
- **5.6 - Customers:**

- Both internal and external
- **5.6 - Range of situations:**
 - Situations may include a bather:
 - slipping on the poolside
 - diving onto another bather
 - having a heart attack in the pool
 - trying to enter the pool under the influence of alcohol
- **LO6 - Be able to respond to emergency situations in the swimming pool**
- **6.1 - Practical first aid:**
 - must cover:
 - DRABC
 - secondary assessment
 - recovery position
 - adult choking
 - external bleeding
 - shock
 - action for vomit
- **6.1 - Pool emergencies:**
 - drowning
 - conscious customers in difficulties
 - injured customers
 - unconscious customers
 - multiple casualties
 - customers with spinal injuries
- **6.1 - Minor injuries:**
 - must cover:
 - cuts, grazes and bruises
 - minor burns and scalds
 - small splinters
- **6.2 - Poolside rescue equipment:**
 - fixed reaching pole
 - rope coiled or bag
 - torpedo buoy
- **6.2 - Safe manual handling of casualties:**
 - must include:
 - vertical lift
 - vice grip turn
 - arm splint rollover
 - application of the rescue board or technique

- **6.3 - Methods of casualty recovery:**
 - including contact rescue in shallow and deep water, where the casualty is on the surface and at the bottom of the deepest part of the pool
- **6.4 - Cardio-pulmonary resuscitation techniques:**
 - adult sudden collapsing
 - adult drowning
 - suspected spinal injuries
 - children/infants

Additional unit guidance

Learning outcomes 1 - 4 is assessed by open response workbook.

Learning outcomes 5 and 6 must be assessed by practical activities that allow the learner to demonstrate their skills in maintaining the safety of a swimming pool environment and responding to emergency situations.

A practical guidance document can be found in the download area via the members' page with further details.

Realistic simulations are allowed.

An Independent Assessor can only assess a maximum of 4 learners, at any one time. The maximum an Independent Assessor can assess in one complete cohort must not exceed 16 (i.e. four separate groups of 4).

†Assessment Criteria 5.2: Assess the area for hazards

Learners must complete a risk assessment, which may identify some of the hazards outlined within the amplification above.

**Assessment Criteria 6.4: Demonstrate cardio-pulmonary resuscitation techniques

Successful assessment must include the effective demonstration of using an automated external defibrillator (AED) as follows:

- place AED pads correctly
- follow AED instructions

Spine boards

Highfield Qualifications accepts the use of three spine boards when assessing the *Application of the rescue board or technique* section of the practical assessment (assessment criteria 6.2/6.3):

- [Aquaboard](#)
- [BaXstrap® Spine Board](#)
- [PXB \(Pool Extraction Board\)](#)

For information on each type of board, please click on the relevant hyperlink above.

Appendix 3: Sample Assessment Material

Learner Assessment Pack



Highfield Level 2 Award in Pool Lifeguarding (RQF)

Qualification Number: 603/2345/0

Learner Name:	[]		
Date of Birth:	[]	Learner ID:	[]
Centre Name:	[]	Centre no.:	[]
Tutor/Assessor Name:	[]		
IQA Name:	[]		
Assessment Date:	[]	Course ID:	[]

Assessment Summary (for tutor/assessor use only)

In order for learners to be assessed as successful, they are required to achieve the minimum standard for each learning outcome below:

- Know the requirements for health and safety in a swimming pool environment;
- Know how to prepare a swimming pool environment;
- Know about supervising a swimming pool environment; and
- Know about responding to pool emergencies.

QUALIFICATION RESULT			
PASS	[]	REFER	[]

Declarations

Learner: I confirm that the work contained in this assessment pack is my own.

Tutor/assessor: I confirm I have read and abided by the assessment requirements of this qualification when assessing the learner's work and have checked the learner's identification.

Learner signature:	[]	Date:	[]
Tutor/Assessor signature:	[]	Date:	[]
IQA signature:	[]	Date:	[]

Health and Safety Requirements



1. Identify the legal requirements and the health and safety national guidance covering the operation and maintenance of swimming pools.			AC (1.1) Outcome
	Legal Requirements	Health and Safety National Guidance	
Operation	[]	[]	[]
Maintenance	[]	[]	

2. Identify at least three considerations a lifeguard must consider to meet the requirements of relevant legislation.		AC (1.3) Outcome
[]		[]

3. Explain the potential consequences to employers and employees if they do not follow legal requirements and guidance for safety in swimming pools.		AC (1.2) Outcome
Employers	Employees	
[]	[]	[]